



Precious McKenzie training Rosalie for the novice division in Las Vegas.

## Precious McKenzie Still Going For Gold

While Precious McKenzie is very happy to be inducted into the World Association of Bench Pressers and Deadlifters (WADBL) Hall of Fame, this energetic 78 years young man is still training hard. We caught up with him in the gym at Settlers Albany Lifestyle Village to talk about his life and his attempt to break yet another age group world record lifting 200kgs in Las Vegas. 200kg? That's nearly four times his body weight!

**Precious is a small guy with a huge reputation. A national icon, he competed at three Commonwealth Games representing England, and three Olympic Games representing Great Britain. After moving to New Zealand he won his fourth Commonwealth Gold representing our country at the age of 42. Precious has won more Olympic, Commonwealth and World medals in his sport of weightlifting than any other sports person.**

Looking around the gym it's easy to see why just over 4 years ago Precious and his wife Elizabeth chose Settlers Lifestyle Village as their home. This village is designed for a generation who want more out of life when they retire, not less. It's a lively community and Precious is actively involved in village life

Like many over 65's, Precious still works and is often away from home on speaking engagements or in his capacity as a back injury prevention consultant.

"Returning home to Settlers is a great feeling," says Precious. "It's safe, secure and everything's just the way you left it. Best of all is the welcome you receive from your friends and neighbours."

Life wasn't always so idyllic. Born and raised in South Africa Precious knows the reality of poverty, prejudice and discrimination, but also the power of determination to overcome those obstacles.

"Life on the Shore is good and Settlers Albany is the best. We call it an investment in life!"

We can't argue with that. The spacious design and quality of the apartments and townhouses at Settlers really is exceptional. So is the location, with fabulous views over adjacent Kell Park and easy access to Albany's bush walks and the Albany Mega Centre with its mall, supermarket, shops, cinemas and restaurants. Not to mention the amenities at Settlers itself including indoor heated pool, gym, theatre, bowling green, beauty salon, bar and café.

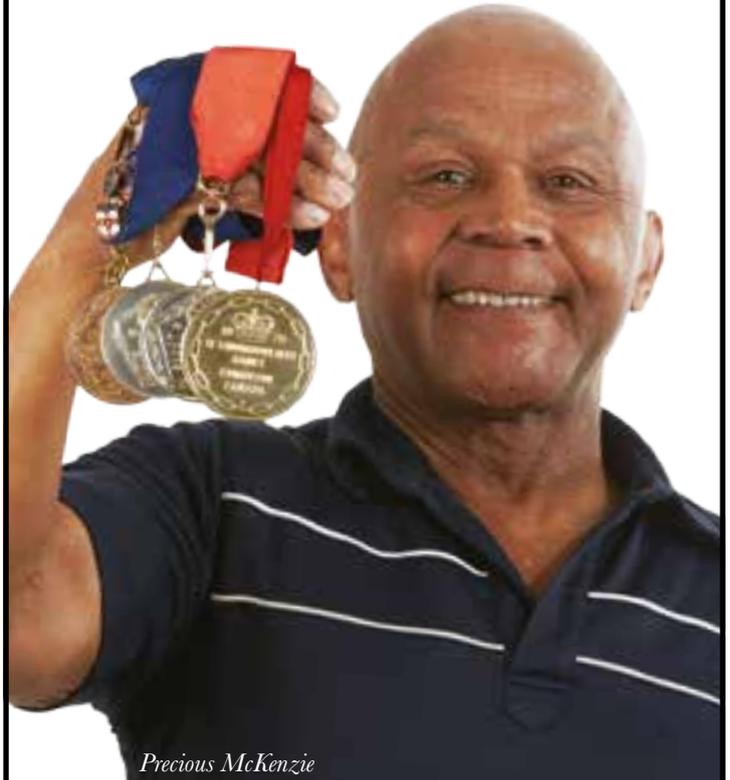
Precious, along with his team including Settlers own sales manager Rosalie Pearson, will be leaving for Las Vegas and the WADBL World Champs and Hall of Fame early November.

Go for gold Team Precious...we'll be cheering for you!

Visit Settlers Albany at 550 Albany Highway any day between 10 and 4 to see for yourself how good retirement living can be.

Or call Sales Manager Rosalie Pearson on 415 2617. ◀

# I WOULD NEVER SETTLE FOR SECOND BEST



Precious McKenzie

"One thing I've learnt in life is never settle for second best. It's a philosophy that's earned me four gold medals, a good wife and a happy life. It's also why over four years ago we invested in a home here at Settlers Albany Lifestyle Village.

More space, better facilities, great location, active community, no contest... this is an investment in life!"

**Open everyday between 10am - 4pm or call Rosalie on 415 2617.**



**Settlers**  
ALBANY  
LIFESTYLE VILLAGE

**A GOOD LIFE. A SMART MOVE.**

Premier Lifestyle Villages group includes Settlers Albany, Fairview Lifestyle Village and Fairview Care Ltd.

