

Living Well

Registered Nurses Elaine Smith and Lynn Godsell have been refining what it means to 'live well' for many years, that's why they're a vital part of the management team at Settlers Albany committed to providing flexible health and well-being choices for Settlers residents as their needs change and grow.

They recognise that Settlers residents are unique so individuality is always at the heart of everything they do. They're dedicated to supporting residents with unparalleled levels of care and service tailored to their individual needs.

"Our residents daily wellbeing and enjoyment is equally important to us. Says Elaine. 'We know that friendly communities and engaging activities keeps everyone connected, balanced and healthy.' Not only do the nursing team provide 24/7 emergency response and general nursing

duties but they're actively engaged with the Settlers community on many levels with initiatives like the recent Health & Wellbeing Expo held at the village.

Exhibitors included Independent Living Services, Denture Tech, Blind Foundation, Triton Hearing, My Care, Core Clinic, Fairview Care, Rope Neuro, Trust Smart Home, Locomo and the ever-supportive Unichem Albany Village Pharmacy. "St John where also involved as many of Settlers residents are active supporters and this gave significance to their volunteering." Says Elaine. The event was a great success and drew many interested people not only from Settlers but the wider community with information on a wide range of new technology and healthcare services designed to make life more comfortable and enjoyable.

Lynn says it was just a little idea that mushroomed!

Visit Settlers Albany at 550 Albany Highway any day between 10 and 4 to view the luxury apartments and wonderful facilities on offer.

Call Sales Manager Rosalie Pearson on 415 2617. •



Elaine Smith, RN



Lynn Godsell, RN



HERE'S THE SECRET TO STAYING YOUNG

Precious McKenzie

OPEN TO VIEW EVERYDAY
10am - 4pm

1, 2 and 3 Bed Luxury Apartments from \$460,000

"Luxury homes, outstanding facilities, an active, supportive community in a superb location. Come along and see how living here at Settlers Albany keeps you feeling active and young." **Precious McKenzie MBE**

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Premier Lifestyle Villages group includes Settlers Albany, Fairview Lifestyle Village and Fairview Care Ltd.



Settlers
ALBANY
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